



Adaptive Virtual Learning

# ECSE following directions

April 6, 2020



ECSE

Lesson: April 6, 2020

**Learning Target:**

Students will follow parent directions

**Let's get started: watch the following video - Ice Cream in a bag**

<https://www.youtube.com/watch?v=N4ztYjFwxmI>

# Activity

## Ice Cream in a Bag

You will need:

• ½ cup milk (or half and half cream) \*soy milk, nut milk or non dairy creamer can be used for children with dairy allergies • 1 Tbsp. Sugar • ½ tsp vanilla • 2 zipper baggies... one sandwich sized and one gallon sized • 4 cups of ice cubes • ½ cup salt (coarser salt such as rock salt works best, but table salt is ok)

1. Put the milk (or cream), sugar and vanilla into the sandwich baggie. Squeeze out the air and seal.
2. Put this baggie inside the gallon sized baggie.
3. Add the ice and salt.
4. Shake the bag vigorously for about 5-10minutes. (Your child may want to put on gloves for this because the bag will get COLD!)
5. Scoop the ice cream out of the baggie and eat it!

parent Check:

Check student answers.



1. Was this lesson?

easy

just right

hard

2. Ask your child what flavors/fruit they would add next time.